**St Charles’ RC Primary**

**RHE and Values Curriculum Overview**

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| **Term** | **Wk** | **Year 1** | **Year 2** | **Year 3** | **Year 4** | **Year 5** | **Year 6** |
| **Autumn 1** | **Values and Character**  **Curriculum** | **Hero/Heroine**  **RESPECT**  **Resilience**  **Responsibility**  CoJo: Y1 U1  Traditional Tales | **Hero/Heroine**  **RESPECT**  **Resilience**  **Responsibility**  CoJo:Y2 U1  Pocahontas | **Hero/Heroine**  **RESPECT**  **Resilience**  **Responsibility**  CoJo: Y3 U1  Ed Stafford: Walking the Amazon | **Hero/Heroine**  **RESPECT**  **Resilience**  **Responsibility**  CoJo: Y4 U1  Levinson Wood: Survival | **Hero/Heroine**  **RESPECT**  **Resilience**  **Responsibility**  CoJo: Y5 U1  Tim Peake:  Blast Off | **Hero/Heroine**  **RESPECT**  **Resilience**  **Responsibility**  CoJo: Y6 U1  Nancy Wake:  The White Mouse |
| **1** | **Rights Respecting** | **Rights Respecting** | **Rights Respecting** | **Rights Respecting** | **Rights Respecting** | **Rights Respecting** |
| **2** | **Rights Respecting** | **Rights Respecting** | **Rights Respecting** | **Rights Respecting** | **Rights Respecting** | **Rights Respecting** |
| **3** | **Me, My Body, My Health**  10:10 M1 U2  Session 1  I am unique (Me) | **Me, My Body, My Health**  10:10 M1 U2  Session 1  I am unique (Me) | **Me, My Body, My Health**  10:10 M1 U2  Session 1  We don’t have to be the same | **Me, My Body, My Health**  10:10 M1 U2  Session 3  What is puberty? | **Me, My Body, My Health**  10:10 M1 U2  Session 1  Gifts and Talents | **Me, My Body, My Health**  10:10 M1 U2  Session 1  Gifts and Talents |
| **4** | **Me, My Body, My Health**  10:10 M1 U2  Session 2  Girls and Boys (My body – non genitalia) | **Me, My Body, My Health**  10:10 M1 U2  Session 2  Girls and Boys (My body - genitalia) | **Me, My Body, My Health**  10:10 M1 U2  Session 1  We don’t have to be the same | **Me, My Body, My Health**  10:10 M1 U2  Session 3  What is puberty? | **Me, My Body, My Health**  10:10 M1 U2  Session 1  Gifts and Talents | **Me, My Body, My Health**  10:10 M1 U2  Session 1  Gifts and Talents |
| **5** | **Me, My Body, My Health**  10:10 M1 U2  Session 3  Clean and Healthy (My Health) | **Me, My Body, My Health**  10:10 M1 U2  Session 3  Clean and Healthy (My Health) | **Me, My Body, My Health**  10:10 M1 U2  Session 2  Respecting our bodies | **Me, My Body, My Health**  10:10 M1 U2  Session 4  Changing bodies | **Me, My Body, My Health**  10:10 M1 U2  Session 2  Girls’ Bodies | **Me, My Body, My Health**  10:10 M1 U2  Session 2/3  Girls’ Bodies/Boys Bodies |
| **6** | **Me, My Body, My Health**  10:10 M1 U2  Session 3  Clean and Healthy (My Health) | **Me, My Body, My Health**  10:10 M1 U2  Session 3  Clean and Healthy (My Health) | **Me, My Body, My Health**  10:10 M1 U2  Session 2  Respecting our bodies | **Me, My Body, My Health**  10:10 M1 U2  Session 4  Changing bodies | **Me, My Body, My Health**  10:10 M1 U2  Session 3  Boy’s bodies | **Me, My Body, My Health**  10:10 M1 U2  Session 4  Spots and sleep |
|  | **7** | **Me, My Body, My Health**  Sun Safety | **Me, My Body, My Health**  Sleep and Importance | **Me, My Body, My Health**  Health choices and  habits; | **Me, My Body, My Health**  10:10 M1 U2  Session 5  Boy/Girl Discussion | **Me, My Body, My Health**  10:10 M1 U2  Session 2/3  Girls/Boys Bodies | **Me, My Body, My Health**  10:10 M1 U2  Session 4  Spots and sleep |
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| **Autumn 2** | **8** | **Emotional Well Being**  10:10 M1 U3  Session 1 Feelings, likes and Dislikes | **Emotional Well Being**  10:10 M1 U3  Session 1  Feelings, Likes and Dislikes | **Emotional Well Being**  10:10 M1 U3  Session 1  What am I feeling? | **Emotional Well Being**  10:10 M1 U3  Session 1  What am I feeling? | **Emotional Well Being**  10:10 M1 U3  Session 1  Body Image | **Emotional Well Being**  10:10 M1 U3  Session 3  Emotional Changes |
| **9** | **Emotional Well Being**  10:10 M1 U3  Session 2 Feeling inside out | **Emotional Well Being**  10:10 M1 U3  Session 2 Feeling inside out | **Emotional Well Being**  10:10 M1 U3  Session 1  What am I feeling? | **Emotional Well Being**  10:10 M1 U3  Session 2 What am I looking at? | **Emotional Well Being**  10:10 M1 U3  Session 1  Body Image | **Emotional Well Being**  10:10 M1 U3  Session 3  Emotional Changes |
| **10** | **Anti-Bullying Week**  2020 Theme | **Anti-Bullying Week**  2020 Theme | **Anti-Bullying Week**  2020 Theme | **Anti-Bullying Week**  2020 Theme | **Anti-Bullying Week**  2020 Theme | **Anti-Bullying Week**  2020 Theme |
| **11** | **Emotional Well Being**  10:10 M1 U3  Session 3  Suzie gets super angry | **Emotional Well Being**  10:10 M1 U3  Session 3  Suzie gets super angry | **Emotional Well Being**  10:10 M1 U3  Session 2 What am I looking at? | **Emotional Well Being**  10:10 M1 U3  Session 3  I am thankful | **Emotional Well Being**  10:10 M1 U3  Session 2 Funny Feelings | **Emotional Well Being**  10:10 M1 U3  Session 4  Seeing stuff online |
| **12** | **Emotional Well Being**  10:10 M1 U3  Session 3  Suzie gets super angry | **Emotional Well Being**  10:10 M1 U3  Session 3  Suzie gets super angry | **Emotional Well Being**  10:10 M1 U3  Session 2 What am I looking at? | **Emotional Well Being**  10:10 M1 U3  Session 3  I am thankful | **Emotional Well Being**  10:10 M1 U3  Session 2 Funny Feelings | **Emotional Well Being**  10:10 M1 U3  Session 4  Seeing Stuff  Online |
| **13** | **Life Cycles**  10:10 M1 U4  Session 1  The Cycle of Life | **Life Cycles**  10:10 M1 U4  Session 1  The Cycle of Life | **Emotional Well Being**  10:10 M1 U3  Session 3  I am thankful | **Life Cycles**  10:10 M1 U4 Session 1  Life Cycles | **Life Cycles**  10:10 M1 U4  Session 1  Mensuration | **Life Cycles**  10:10 M1 U4  Session 1  Making Babies |
| **14** | **Life Cycles**  10:10 M1 U4  Session 1  The Cycle of Life | **Life Cycles**  10:10 M1 U4  Session 1  The Cycle of Life | **Life Cycles**  Changes as we age | **Life Cycles**  10:10 M1 U4 Session 1  Life Cycles | **Life Cycles**  10:10 M1 U4  Session 1  Mensuration | **Life Cycles**  10:10 M1 U4  Session 2  Making Babies |
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|  | **Values and Character**  **Curriculum** | **Adventurer**  **RESPECT**  **Reflection**  **Resourceful**  CoJo: Y1 U2  Simba and Me | **Adventurer**  **RESPECT**  **Reflection**  **Resourceful**  CoJo: Y2 U2  Samuel Pepys | **Adventurer**  **RESPECT**  **Reflection**  **Resourceful**  CoJo: Y3 U2  Ernest Shackleton:  Endurance | **Adventurer**  **RESPECT**  **Reflection**  **Resourceful**  CoJo: Y4 U2  Kira Salak  Gorillas in the Mist | **Adventurer**  **RESPECT**  **Reflection**  **Resourceful**  CoJo: Y5 U2  Ranulph Fiennes:  Transglobal Adventure | **Adventurer**  **RESPECT**  **Reflection**  **Resourceful**  CoJo: Y6 U2  Amelia Earheart  Final Flight |
| **Spring 1** | **1** | **Religious Understanding**  10:10 M2 U1  Session 1  God Loves You | **Religious Understanding**  10:10 M2 U1  Session 1  God Loves You | **Religious Understanding**  10:10 M2 U1  Session 1  Jesus My Friend | **Religious Understanding**  10:10 M1 U1  Session 1  The Sacraments | **Religious Understanding**  10:10 M2 U1  Session 1  Is God calling you? | **Religious Understanding**  10:10 M2 U1  Session 1  Is God calling you? |
| **2** | **Personal Relationships** 10:10 M2 U2  Session 1  Special People | **Personal Relationships** 10:10 M2 U2  Session 1  Special People | **Personal Relationships** 10:10 M2 U2  Session 1  Family Friends and others | **Personal Relationships** 10:10 M2 U2  Session 1  Family Friends and others | **Personal Relationships** 10:10 M2 U2  Session 1  Under Pressure | **Personal Relationships** 10:10 M2 U2  Session 1  Under Pressure |
| **3** | **Personal Relationships** 10:10 M2 U2  Session 2  Treat Others Well | **Personal Relationships** 10:10 M2 U2  Session 2  Treat Others Well | **Personal Relationships** 10:10 M2 U2  Session 2  When things feel bad. | **Personal Relationships** 10:10 M2 U2  Session 2  When things feel bad. | **Personal Relationships** 10:10 M2 U2  Session 2  Do you want a piece of cake? | **Personal Relationships** 10:10 M2 U2  Session 2  Do you want a piece of cake? |
| **4** | **Personal Relationships** 10:10 M2 U2  Session 2  Treat Others Well | **Personal Relationships** 10:10 M2 U2  Session 2  Treat Others Well | **Personal Relationships** 10:10 M2 U2  Session 2  When things feel bad. | **Personal Relationships** 10:10 M2 U2  Session 2  When things feel bad. | **Personal Relationships** 10:10 M2 U2  Session 2  Do you want a piece of cake? | **Personal Relationships** 10:10 M2 U2  Session 2  Do you want a piece of cake? |
| **5** | **Personal Relationships** 10:10 M2 U2  Session 3  And say sorry | **Personal Relationships** 10:10 M2 U2  Session 3  And say sorry | **Personal Relationships** 10:10 M2 U2  Session 3  When things change | **Personal Relationships** 10:10 M2 U2  Session 3  When things change | **Personal Relationships** 10:10 M2 U2  Session 3  Self-Talk | **Personal Relationships** 10:10 M2 U2  Session 3  Self-Talk |
| **6** | **Personal Relationships** 10:10 M2 U2  Session 3  And say sorry | **Personal Relationships** 10:10 M2 U2  Session 3  And say sorry | **Personal Relationships** 10:10 M2 U2  Session 3  When things change | **Personal Relationships** 10:10 M2 U2  Session 3  When things change | **Personal Relationships** 10:10 M2 U2  Session 3  Self-Talk | **Personal Relationships** 10:10 M2 U2  Session 3  Self-Talk |
|  | **7** | **Keeping Safe**  10:10 M2 U3  Session 1  Being Safe | **Keeping Safe**  10:10 M2 U3  Session 1  Being Safe | **Keeping Safe**  10:10 M2 U3  Session 1  Sharing Online | **Keeping Safe**  10:10 M2 U3  Session 1  Sharing Online | **Keeping Safe**  10:10 M2 U3  Session 1  Sharing Online | 10:10 M2 U3  Session 1  Sharing Online |
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|  | **8** | **Keeping Safe**  10:10 M2 U3  Session 1  Being Safe | **Keeping Safe**  10:10 M2 U3  Session 1  Being Safe | **Keeping Safe**  10:10 M2 U3  Session 1  Sharing Online | **Keeping Safe**  10:10 M2 U3  Session 1  Sharing Online | **Keeping Safe**  10:10 M2 U3  Session 1  Sharing Online | **Keeping Safe**  10:10 M2 U3  Session 1  Sharing Online |
| **9** | **Keeping Safe** 10:10 M2 U3  Session 2  Good and Bad Secrets | **Keeping Safe**  10:10 M2 U3  Session 2  Good and Bad Secrets | **Keeping Safe**  10:10 M2 U3  Session 2  Chatting Online | **Keeping Safe**  10:10 M2 U3  Session 2  Chatting Online | **Keeping Safe**  10:10 M2 U3  Session 2  Chatting Online | **Keeping Safe**  10:10 M2 U3  Session 2  Chatting Online |
| **10** | **Keeping Safe**  10:10 M2 U3  Session 2  Good and Bad Secrets | **Keeping Safe**  10:10 M2 U3  Session 2  Good and Bad Secrets | **Keeping Safe**  10:10 M2 U3  Session 2  Chatting Online | **Keeping Safe**  10:10 M2 U3  Session 2  Chatting Online | **Keeping Safe**  10:10 M2 U3  Session 2  Chatting Online | **Keeping Safe**  10:10 M2 U3  Session 2  Chatting Online |
| **11** | **Keeping Safe**  10:10 M2 U3  Session 3  Physical Contact | **Keeping Safe**  10:10 M2 U3  Session 3  Physical Contact | **Keeping Safe**  10:10 M2 U3  Session 3  Physical Contact | **Keeping Safe**  10:10 M2 U3  Session 3  Physical Contact | **Keeping Safe**  10:10 M2 U3  Session 3  Physical Contact | **Keeping Safe**  10:10 M2 U3  Session 3  Physical Contact |
| **12** | **Keeping Safe**  10:10 M2 U3  Session 3  Physical Contact | **Keeping Safe**  10:10 M2 U3  Session 3  Physical Contact | **Keeping Safe**  10:10 M2 U3  Session 3  Physical Contact | **Keeping Safe**  10:10 M2 U3  Session 3  Physical Contact | **Keeping Safe**  10:10 M2 U3  Session 3  Physical Contact | **Keeping Safe**  10:10 M2 U3  Session 3  Physical Contact |
|  | **13** | **Religious Understanding** 10:10 M3 U1  Session 1  Trinity House | **Religious Understanding** 10:10 M3 U1  Session 1  Trinity House | **Religious Understanding** 10:10 M3 U1  Session 1  Trinity House | **Religious Understanding** 10:10 M3 U1  Session 1  Trinity House | **Religious Understanding** 10:10 M3 U1  Session 1  Trinity House | **Religious Understanding** 10:10 M3 U1  Session 1  Trinity House |
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| **Summer 1** | **Values and Character**  **Curriculum** | **Explorer**  **RESPECT**  **Risk-taking**  **Reasoning**  CoJo: Y1 U3 Steve Backshall and me | **Explorer**  **RESPECT**  **Risk-taking**  **Reasoning**  CoJo: Y2 U3  The Queen | **Explorer**  **RESPECT**  **Risk-taking**  **Reasoning**  CoJo: Y3 U3  Nellie Bly:  Around the World in 72 days | **Explorer**  **RESPECT**  **Risk-taking**  **Reasoning**  CoJo: Y4 U3  Lief Erikson  Voyage of Discovery | **Explorer**  **RESPECT**  **Risk-taking**  **Reasoning**  CoJo: Y5 U3  Spartacus  Romans Revolt | **Explorer**  **RESPECT**  **Risk-taking**  **Reasoning**  CoJo: Y6 U3  Ibu Battuta  Eastern Odyssey |
| **1** | **Religious Understanding** 10:10 M3 U1  Session 1  Trinity House | **Religious Understanding** 10:10 M3 U1  Session 1  Trinity House | **Religious Understanding** 10:10 M3 U1  Session 1  Trinity House | **Religious Understanding** 10:10 M3 U1  Session 1  Trinity House | **Religious Understanding** 10:10 M3 U1  Session 1  Trinity House | **Religious Understanding** 10:10 M3 U1  Session 1  Trinity House |
| **2** | **Religious Understanding** 10:10 M3 U1  Session 2  Who is my neighbour? | **Religious Understanding** 10:10 M3 U1  Session 2  Who is my neighbour? | **Religious Understanding** 10:10 M3 U1  Session 2  Where is church? | **Religious Understanding** 10:10 M3 U1  Session 2  Where is church? | **Religious Understanding** 10:10 M3 U1  Session 2  Catholic Social Teaching | **Religious Understanding** 10:10 M3 U1  Session 2  Catholic Social Teaching |
| **3** | **Religious Understanding** 10:10 M3 U1  Session 2  Who is my neighbour? | **Religious Understanding** 10:10 M3 U1  Session 2  Who is my neighbour? | **Religious Understanding** 10:10 M3 U1  Session 2  Where is church? | **Religious Understanding** 10:10 M3 U1  Session 2  Where is church? | **Religious Understanding** 10:10 M3 U1  Session 2  Catholic Social Teaching | **Religious Understanding** 10:10 M3 U1  Session 2  Catholic Social Teaching |
| **4** | **Living in the Wider World** 10:10 M3 U2  Session 1  The Communities we live in | **Living in the Wider World** 10:10 M3 U2  Session 1  The Communities we live in | **Living in the Wider World** 10:10 M3 U2  Session 1  How do I love others? | **Living in the Wider World** 10:10 M3 U2  Session 1  How do I love others? | **Living in the Wider World** 10:10 M3 U2  Session 1  Reaching out | **Living in the Wider World** 10:10 M3 U2  Session 1  Reaching out |
| **5** | **Living in the Wider World** 10:10 M3 U2  Session 1  The Communities we live in | **Living in the Wider World** 10:10 M3 U2  Session 1  The Communities we live in | **Living in the Wider World** 10:10 M3 U2  Session 1  How do I love others? | **Living in the Wider World** 10:10 M3 U2  Session 1  How do I love others? | **Living in the Wider World** 10:10 M3 U2  Session 1  Reaching out | **Living in the Wider World** 10:10 M3 U2  Session 1  Reaching out |
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| **Summer 2** | **7** | **Keeping Safe**  How rules and age  restrictions help us;  keeping safe online | **Keeping Safe**  Safety in different  environments; risk  and safety at home;  emergencies | **Keeping Safe**  Risks and hazards;  safety in the local  environment and  unfamiliar places | **Keeping Safe**  Medicines and  household products;  drugs common to  everyday life | **Keeping Safe**  Keeping safe in  different situations,  including responding  in emergencies, first aid and FGM | **Keeping Safe**  Keeping personal  information safe;  regulations and  choices; drug use  and the law; drug  use and the media |
| **8** | **Keeping Safe**  How rules and age  restrictions help us;  keeping safe online | **Keeping Safe**  Safety in different  environments; risk  and safety at home;  emergencies | **Keeping Safe**  Risks and hazards;  safety in the local  environment and  unfamiliar places | **Keeping Safe**  Medicines and  household products;  drugs common to  everyday life | **Keeping Safe**  Keeping safe in  different situations,  including responding  in emergencies, first aid and FGM | **Keeping Safe**  Keeping personal  information safe;  regulations and  choices; drug use  and the law; drug  use and the media |
| **9** | **Money and Work**  Strengths and  interests; jobs in the  community | **Money and Work**  What money is;  needs and wants;  looking after money | **Money and Work**  Different jobs and  skills; job stereotypes;  setting  personal goals | **Money and Work**  Making decisions  about money; using  and keeping money  safe | **Money and Work**  Identifying job interests  and aspirations;  what influences  career choices;  workplace stereotypes | **Money and Work**  Influences and  attitudes to money;  money and financial  risks |
| **10** | **Money and Work**  Strengths and  interests; jobs in the  community | **Money and Work**  What money is;  needs and wants;  looking after money | **Money and Work**  Different jobs and  skills; job stereotypes;  setting  personal goals | **Money and Work**  Making decisions  about money; using  and keeping money  safe | **Money and Work**  Identifying job interests  and aspirations;  what influences  career choices;  workplace stereotypes | **Money and Work**  Influences and  attitudes to money;  money and financial  risks |
| **11** | **Living in the Wider World**  What rules are;  caring for others’  needs; looking after  the environment | **Belonging to a community**  Belonging to a  group; roles and  responsibilities;  being the same  and different in the  community | **Belonging to a community**  The value of rules  and laws; rights,  freedoms and responsibilities | **Belonging to a community**  What makes a  community; shared  responsibilities | **Belonging to a community**  Protecting the environment;  compassion  towards others | **Belonging to a community**  Valuing diversity;  challenging discrimination  and stereotypes |
| **12** | **Living in the Wider World**  What rules are;  caring for others’  needs; looking after  the environment | **Belonging to a community**  Belonging to a  group; roles and  responsibilities;  being the same  and different in the  community | **Belonging to a community**  The value of rules  and laws; rights,  freedoms and responsibilities | **Belonging to a community**  What makes a  community; shared  responsibilities | **Belonging to a community**  Protecting the environment;  compassion  towards others | **Belonging to a community**  Valuing diversity;  challenging discrimination  and stereotypes |