

Primary School Menu September 2022 – July 2023
Week One

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Bolognese Pasta Garden Peas	Chicken Korma Fluffy Rice Green Beans	Cheese & Tomato Pizza Seasoned Wedges Crunchy Coleslaw	Yorkshire Pudding Roast Chicken Creamed Potatoes Carrots	Fish Fingers Chips Mushy Peas
★ ★ ★ ★	★ ★ ★ ★	★ ★ ★ ★	★ ★ ★ ★	★ ★ ★ ★
Quorn Bolognese (v) Pasta Garden Peas	Burger in Bun or Quorn Burger in Bun (v) Chips Sweetcorn	Pomodoro Pizza (v) Seasoned Wedges Wholewheat Hoops	Yorkshire Pudding Quorn Fillet (v) Creamed Potatoes Broccoli	Vegetable Fingers (v) Chips Mushy Peas
★ ★ ★ ★	★ ★ ★ ★	★ ★ ★ ★	★ ★ ★ ★	★ ★ ★ ★
Sandwich selection Ham, Cheese, Tuna or Turkey	Sandwich selection Ham, Cheese, Tuna or Turkey	Sandwich selection Ham, Cheese, Tuna or Turkey	Sandwich selection Ham, Cheese, Tuna or Turkey	Sandwich selection Ham, Cheese, Tuna or Turkey
★ ★ ★ ★	★ ★ ★ ★	★ ★ ★ ★	★ ★ ★ ★	★ ★ ★ ★
Filled Jacket Potato Choice of Cheese or Baked Beans (v) with Salad	Filled Jacket Potato Choice of Cheese, Baked Beans (v) or Tuna with Salad	Filled Jacket Potato Choice of Cheese, Baked Beans (v) or Tuna with Salad	Filled Jacket Potato Choice of Cheese, Baked Beans (v) or Tuna with Salad	Filled Jacket Potato Choice of Cheese, Baked Beans (v) or Tuna with Salad
DESSERT	DESSERT	DESSERT	DESSERT	DESSERT
Shortbread & Custard	Cookies	Chocolate Brownie	Lemon Drizzle Cake	Ice Cream

Also available every day:	Choice of: - Salad bar Fresh fruit Yoghurt Cheese and biscuits	Friday: Bread and Butter
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Menus are subject to availability
(V) suitable for Vegetarians or (VG) Vegan diets

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Week Two

MONDAY

Cheese & Tomato Pizza
Potato Wedges
Spaghetti Hoops

★ ★ ★ ★

Pomodoro Pizza (v)
Potato Wedges
Spaghetti Hoops

★ ★ ★ ★

Sandwich selection Ham,
Cheese, Tuna or Turkey

★ ★ ★ ★

Filled Jacket Potato
Choice of Cheese or
Baked Beans (v)
with Salad

DESSERT

Sticky Orange Cake &
Custard

TUESDAY

Mince & Dumplings
Creamed Potato
Cauliflower

★ ★ ★ ★

Quorn Sausage Roll (v)
Oven Roast Potatoes
Garden Peas

★ ★ ★ ★

Sandwich selection Ham,
Cheese, Tuna or Turkey

★ ★ ★ ★

Filled Jacket Potato
Choice of Cheese,
Baked Beans (v)
or Tuna with Salad

DESSERT

Flapjack

WEDNESDAY

Burger Buns
Diced Potatoes
Baked Beans

★ ★ ★ ★

Quorn Burger in Bun (v)
Diced Potatoes
Sweetcorn

★ ★ ★ ★

Sandwich selection Ham,
Cheese, Tuna or Turkey

★ ★ ★ ★

Filled Jacket Potato
Choice of Cheese,
Baked Beans (v)
or Tuna with Salad

DESSERT

Vanilla Cookie

THURSDAY

Pork Sausages
with Gravy
Mashed Potato

Carrots

★ ★ ★ ★

Quorn Sausage (v)
With Gravy
Mashed Potato

Swede

★ ★ ★ ★

Sandwich selection Ham,
Cheese, Tuna or Turkey

★ ★ ★ ★

Filled Jacket Potato
Choice of Cheese,
Baked Beans (v)
or Tuna with Salad

DESSERT

Carrot Cake

FRIDAY

Fish Fingers
Chips
Mushy Peas

★ ★ ★ ★

Vegetarian Fingers (v)
Chips
Peas

★ ★ ★ ★

Sandwich selection Ham,
Cheese, Tuna or Turkey

★ ★ ★ ★

Filled Jacket Potato
Choice of Cheese,
Baked Beans (v)
or Tuna with Salad

DESSERT

Frozen Yoghurt

Also available every day:

Choice of: - Salad bar

- Fresh fruit selection
- Yoghurt
- Cheese and biscuits

- Chilled water

Friday:

- Bread and Butter

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Primary School Menu September 2022 – July 2023
Week Three

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Tomato & Mascarpone Pasta	Chicken Jalfrezi Boiled Rice	Cheese & Tomato Pizza (v) Chips	Roast Chicken Fillet or Quorn Fillet Yorkshire Pudding	Fish Fingers Chips
Garlic Bread	Apple & Cucumber Salad	Peas	Mashed Potato	Beetroot
Mixed Salad			Cabbage	
*****	*****	*****	*****	*****
Southern Style Quorn Fillet (v)	Burger in Bun or Quorn Burger in Bun (v)	Pomodoro Pizza Chips	Cheese Roll Diced Potatoes Sweetcorn	Vegetarian Fingers (v) Chips
Seasoned Wedges	Wedges	Peas		Mushy Peas
Baked Beans	Baked Beans			
*****	*****	*****	*****	*****
Sandwich selection Ham, Cheese, Tuna or Turkey	Sandwich selection Ham, Cheese, Tuna or Turkey	Sandwich selection Ham, Cheese, Tuna or Turkey	Sandwich selection Ham, Cheese, Tuna or Turkey	Sandwich selection Ham, Cheese, Tuna or Turkey
*****	*****	*****	*****	*****
Filled Jacket Potato	Filled Jacket Potato	Filled Jacket Potato	Filled Jacket Potato	Filled Jacket Potato
Choice of Cheese or Baked Beans (v) with Salad	Choice of Cheese, Baked Beans (v) or Tuna with Salad	Choice of Cheese, Baked Beans (v) or Tuna with Salad	Choice of Cheese, Baked Beans (v) or Tuna with Salad	Choice of Cheese, Baked Beans (v) or Tuna with Salad
DESSERT	DESSERT	DESSERT	DESSERT	DESSERT
Chocolate Cake & Custard	Flapjack	Shortbread	Apple Crumble Muffin	Ice Cream

Also available every day:	Choice of: - Salad bar	• Chilled water	Friday:
	• Fresh fruit, Yoghurt, Cheese and biscuits		• Bread and Butter

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